

# FAMILY AND CONSUMER SCIENCES EDUCATION

## PREPARING STUDENTS FOR FAMILY LIFE, WORK LIFE, AND CAREERS

### Our mission:

Family and Consumer Sciences Education (FACS) helps prepare students for family life, work life, and careers in family and consumer sciences by providing opportunities to develop the knowledge, skills, attitudes, and behaviors needed through character development, creative and critical thinking, interpersonal communication, practical knowledge, and vocational preparation.

### CAREERS ACCESSED THROUGH FACS

Family and consumer sciences education empowers individuals and families throughout their life to manage the challenges of living and working in a diverse, global society. The challenges individuals face throughout their lives include balancing personal, home, family and work lives; acquiring marketable skills to be successful in life management, employment, and career development; promoting optimal nutrition and wellness; and managing resources to meet the material needs of individuals and families. In today's society there are more two-career families than ever before and the number of personal bankruptcies has risen 400% in the past 25 years. Family and consumer sciences can give individuals the practical knowledge, critical and creative thinking skills to address problems in diverse family, community, and work environments. Careers accessed in family and consumer sciences include, but are not limited to:

- **Buying and Merchandising:** Clothing Buyer, Fashion Designer
- **Early Childhood Development & Services:** Child Care Assistant/Worker, Child Care Director
- **Family and Community Services:** Social Worker, Social and Human Services Assistant, Family Therapist
- **Finance:** Family Financial Consultant
- **Food Services:** Chef, Dietician/Nutritionist, Food Stylist, Restaurant Manager
- **Teaching:** Elementary School Teacher
- **Visual Arts:** Interior Designer

*Our vision is to empower students and families to manage the challenges of living and working in a diverse, global society. Our unique focus is on families, work, and their interrelationships.*

### AREAS OF STUDY:

Agriculture  
Business  
Economics, Entrepreneurship,  
& Financial Literacy  
Family & Consumer Sciences  
Health Science & Technology  
Information Technology  
Marketing  
Technology & Engineering  
Trade & Technical



### FOR MORE INFORMATION:

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### STUDENT LEADERSHIP ORGANIZATION

Family, Career and Community Leaders of America (FCCLA) is the student leadership organization for FACS education. FCCLA provides students with opportunities to attain knowledge, skills, and leadership characteristics necessary to succeed in life as well as promoting personal growth and leadership development. Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life.

- Nationally there are over 220,000 members.
- Utah has over 2,600 members.  
[www.fcclainc.org](http://www.fcclainc.org)

Involvement in FCCLA offers members the opportunity to expand their leadership potential and develop skills for life planning, goal setting, problem solving, decision making, and interpersonal communication necessary in the home and workplace.

### NATIONAL RECOGNITION

There are numerous FCCLA programs that encourage students to strive to improve their school and community. One such program is "STOP the Violence" (Students Taking On Prevention) which is taking on violence in America's schools by empowering students to create projects that address specific needs in their school. STOP provides students with the tools necessary to solve their own problems. STOP teaches students how to recognize warning signs of violence and what to do in a variety of situations, as well as practical skills to recognize, intervene, and stop violence. The campaign is taught, created, run, and evaluated by students.

In 2002-2003, the Utah, Provo High, Chapter of FCCLA was awarded a mini-grant for their STOP the Violence project. Duchesne Jr./Sr. High also received an award for their STOP the Violence project.

In 2003-2004, the Utah Bingham High chapter of FCCLA was recognized as one of the top ten in the nation for their membership recruitment project.

### CAREER PREPARATION/ECONOMIC DEVELOPMENT

Family and Consumer Sciences courses provide students with skills needed to balance life and careers.

In 2003-2004, 33,563 students attained a substantial or sufficient level on the FACS Education competency skill certificate tests, of which 22,229 demonstrated substantial skill at 80% or above. Student performance must be demonstrated in class as part of the skill certificate process.

### SAMPLING OF COURSES OFFERED

Adult Roles & Responsibilities  
Child Care/Child Development  
Consumer Economics/Money Management  
Designer Sewing/Fashion Design  
Food Science and Nutrition  
Food Service/Culinary Arts  
Human Development  
Interior Design  
Life Management  
Teen Living

### STATE AND LOCAL PARTNERSHIPS

Governor's Commission on Marriage and Families  
Utah Dairy Council  
Utah Nutrition Council  
Utah Restaurant Association

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